# =GLUTEN FREE MENU=

TROY

If you have a food allergy or intolerance, please notify us when ordering. Food allergen information is available.

## **SMALL & SHARED PLATES**

### **BAR-B-QUE CHICKEN WINGS**

Spice-rubbed, pit-smoked, grill finished, blue cheese dressing, celery

3 pcs \$6 **\*** 6 pcs \$12 **\*** 13 pcs \$21

**♦ M/l D** – Honey BBQ

♦ ♦ ♦ #0 TTEST- Devil's Duel

#### ★ CREOLE DEVILED EGGS

Cajun spiced & topped with chives 3 pcs \$6.5 6 pcs \$12.5

# \*\*\* True Blue BAR-B-QUE \*\*\*

★ We cook our meats long, low & slow, fresh throughout the day, using regional hickory & oak. Due to that process, we will/may run out of smoked meats. We apologize in advance. ★ If there's a pink ring around your meat, don't fret. It is a result of our smoking process.



## **COMBO PLATES**

#### PICK TWO OR THREE MEATS \$25/\$30

- ST. LOUIS RIBS
- \* PULLED PORK
- ★ PORK BELLY with pickled onion & jalapeños No K-Pow Korean BBQ Sauce
- \* PRIME BRISKET +\$1
  - with jalapeños
- ★ JALAPEÑO CHEDDAR
  HOT LINK SAUSAGE

with Hot Honey Gold Sauce & pickled onion & jalapeños

#### ★ ¼ CHICKEN

\* 1/2 CHICKEN +\$4

#### TRES NIÑOS \$19.5

Petite sampling of:

★ PRIME BRISKET with jalapeños

★ RIBS ★ PORK

#### ALL NATURAL

· BAR-B-QUE CHICKEN

Antibiotic and cage-free, apple-brined, pit-smoked, glazed with original bbq sauce \$19

#### ALL NATURAL

CHIMICHURRI CHICKEN

Pit-smoked, grilled half BBQ chicken, topped with zesty chimichurri \$19.5

#### USDA PRIME

BRISKET PLATE

30 day aged Prime beef, hand sliced, lean and juicy with pickled onion & jalapeños \$25.5

#### BIG ASS

PORK PLATE

Hand pulled pork shoulder, original sauce, piled high with house pickles \$19

# "No Roll" SANDWICHES

WHO SAYS YOU NEED A ROLL? WITHOUT IT THEY ARE ALL GF WE COOK DUR MEATS LONG, LOW & SLOW, FRESH THROUGHOUT THE DAY, USING REGIONAL HICKORY & OAK.

Add Thick-Cut Bacon to Any Sandwich +\$2.5 | Add Cheese +\$1.5

PRIME BRISKET

### **BBO CHEESESTEAKS**

Sautéed tangy onions, poblano peppers, original bbg sauce & melted cheese choice

#### **CHOOSE YOUR MEAT:**

CHOPPED BRISKET +\$2.5 ★ PULLED PORK

★ PULLED CHICKEN

#### **CHOOSE YOUR CHEESE:**

SWISS ★ AMERICAN ★ NYS CHEDDAR

1 side \$15.5 2 sides \$18.5 Add Thick-Cut Bacon +\$2.5

#### PRIME BRISKET

1/3 lb Prime aged beef, hand sliced, pickled onions & jalapeños, horsey mayo, original sauce 1 side \$17.5 2 sides \$20.5

#### BBS

Prime brisket, thick-cut bacon, melted Swiss, horsey mayo

1 side \$19.5 2 sides \$22.5

#### PRIME BRISKET TACOS\*

Three brisket tacos, Red Chili Sour Cherry sauce, pickled onion & jalapeño relish, cilantro on toasted corn tortillas with fresh lime

\*No queso, queso contains gluten

1 side \$18 2 sides \$21

Add Homemade Salsa +\$3 Add Sour Cream +\$1.5

#### PORK SHOULDER

#### PULLED PORK

1/3 lb hand pulled pork, original bbq sauce, house pickles

1 side \$14.5 2 sides \$17.5

Make it a Memphis, top with coleslaw .50¢. Your choice of sweet & sour or original slaw

#### 12 SLIDERS POWER COUPLE

Best of both worlds, prime brisket and pork memphis sliders. Your choice of sweet & sour or original slaw 1 side \$16.5 2 sides \$19.5

Mojito pulled pork, grilled ham, Swiss, pickles, mustard **1 side** \$15.5 **2 sides** \$18.5



### ★★ BURGERS ★★



8 oz. Certified Angus Beef, zip sauce

#### DINO BURGER

Lettuce, beefsteak tomato, red onion, melted American 1 side \$16 2 sides \$19 +thick-cut bacon \$2.5

#### **BACON DELUXE**

Sautéed tangy onions, thick slice bacon, melted Swiss, pickles 1 side \$17 2 sides \$20

# Vegetarian Que

#### BBO MUSHROOM REUBEN

Smoked portobello "burnt ends", tangy onions, red slaw, melted Swiss, zip sauce 1 side \$15.5 2 sides \$18.5

#### **IMPOSSIBLE**

#### **BAR-B-OUE BURGER**

Plant based burger, caramelized BBQ onions, melted cheddar, smoked plum tomatoes, pickle, zip sauce 1 side \$16 2 sides \$19

### Bar-B-Que Bowl

Whipped sweet potatoes, simmered greens with smoked turkey, mixed greens, deviled egg, toasted pumpkin seeds.\* \$15 CHOICE OF: Pulled Pork, Brisket+\$1, Pulled Chicken, Smoked Portobello







#### CREATE YOUR OWN SALAD



#### CHOPPED SALAD \$10 BASE

Mixed greens, cucumber, tomatoes, radish, carrot, spiced walnuts\*



#### **PROTEINS**

\$8 CHOOSE ONE

Pulled Pork ★ Sliced Brisket +\$2

- **★** Grilled Chicken ★ Pulled Chicken
- ★ Smoked Portobello

#### 🖈 Thick-cut Bacon +\$2.5 🛽 🖈 Deviled Egg +\$2

Extra Touch

- ★ NYS Cheddar +\$2 ★ Danish Blue Cheese +\$2

### HOMEMADE DRESSING

Creole Honey Mustard Vinaigrette ★ Red Wine Vinaigrette ★ Bar-B-Blues House ★ Cayenne Buttermilk Ranch \* Blue Cheese

\*Cornbread contains gluten

# HOMEMADE

Add an Extra Side | \$3

- **COLESLAW**
- **BBQ BEANS** w/ pork
- MASHED POTATOES NO GRAVY
  - ROASTED WHIPPED SWEET POTATOES W/ NUTS •
- SIDE SALAD
- SIMMERED GREENS WITH SMOKED TURKEY
- HARLEM POTATO SALAD
- Spicy CUCUMBER SALAD