

# GLUTEN FREE MENU

SYRACUSE

★ If you have a food allergy or intolerance, please notify us when ordering. Food allergen information is available. ★

## SMALL & SHARED PLATES

### BAR-B-QUE CHICKEN WINGS

Spice-rubbed, pit-smoked, grill finished, blue cheese dressing, celery

3 pcs \$6 ★ 6 pcs \$12 ★ 13 pcs \$21

🔥 **MILD** - Honey BBQ

🔥🔥 **HOT** - Hello Buffalo  
Red Chili Sour Cherry  
Wango HABANERO  
Garlic Chipotle

🔥🔥🔥 **HOTTEST** - Devil's Duel

### ★ CREOLE DEVILED EGGS

Cajun spiced & topped with chives  
3 pcs \$6.5 6 pcs \$12.5

## ★★★ True Blue BAR-B-QUE ★★★

★ We cook our meats long, low & slow, fresh throughout the day, using regional hickory & oak. Due to that process, we will/may run out of smoked meats. We apologize in advance. ★ If there's a pink ring around your meat, don't fret. It is a result of our smoking process.

### ★ BAR-B-QUE PORK RIBS ★

St. Louis ribs, dry rubbed and slow smoked, lightly glazed with our original BBQ sauce.

★ **1/4 RACK**  
(3 Ribs) \$15.5

★ **1/2 RACK**  
(6 Ribs) \$23

★ **3/4 RACK**  
(9 Ribs) \$29

★ **FULL RACK**  
(12 Ribs) \$37

★ **SWEETHEART DEAL FOR 2** ★  
Full rack of ribs + 4 homemade sides \$43

## COMBO PLATES

**PICK TWO OR THREE MEATS** \$25/\$30

★ **ST. LOUIS RIBS**

★ **PULLED PORK**

★ **PORK BELLY**

with pickled onion & jalapeños  
No K-Pow Korean BBQ Sauce

★ **PRIME BRISKET** +\$1  
with jalapeños

★ **JALAPEÑO CHEDDAR  
HOT LINK SAUSAGE**

with Hot Honey Gold Sauce  
& pickled onion & jalapeños

★ **1/4 CHICKEN**

★ **1/2 CHICKEN** +\$4

**TRES NIÑOS** \$19.5

Petite sampling of:

★ **PRIME BRISKET**  
with jalapeños

★ **RIBS** ★ **PORK**

**ALL NATURAL**

### • BAR-B-QUE CHICKEN

Antibiotic and cage-free, apple-brined, pit-smoked, glazed with original bbq sauce \$19

**ALL NATURAL**

### • CHIMICHURRI CHICKEN

Pit-smoked, grilled half BBQ chicken, topped with zesty chimichurri \$19.5

**USDA PRIME**

### • BRISKET PLATE

30 day aged Prime beef, hand sliced, lean and juicy with pickled onion & jalapeños \$25.5

**BIG ASS**

### • PORK PLATE

Hand pulled pork shoulder, original sauce, piled high with house pickles \$19

≡ ALL PLATES COME WITH TWO SIDES | ADD AN EXTRA SIDE \$3 ≡

\*Cornbread contains gluten

# ★ Specialty "No Roll" SANDWICHES ★

WHO SAYS YOU NEED A ROLL? WITHOUT IT THEY ARE ALL GLUTEN FREE  
WE COOK OUR MEATS LONG, LOW & SLOW, FRESH THROUGHOUT THE DAY, USING REGIONAL HICKORY & OAK.

ADD A GLUTEN FREE ROLL FOR \$3

Add Thick-Cut Bacon to Any Sandwich +\$2.5 | Add Cheese +\$1.5

## BBQ CHEESESTEAKS

Sautéed tangy onions, poblano peppers, original bbq sauce & melted cheese choice

### CHOOSE YOUR MEAT:

CHOPPED BRISKET +\$2.5 ★ PULLED PORK  
★ PULLED CHICKEN

### CHOOSE YOUR CHEESE:

SWISS ★ AMERICAN ★  
NYS CHEDDAR ★ PROVOLONE

1 side \$15.5 2 sides \$18.5  
Add Thick-Cut Bacon +\$2.5

## U.S.D.A. PRIME BRISKET

### PRIME BRISKET

1/3 lb Prime aged beef, hand sliced, pickled onions & jalapeños, horsey mayo, original bbq sauce  
1 side \$17.5 2 sides \$20.5

### BBS

Prime brisket, thick-cut bacon, melted Swiss, horsey mayo  
1 side \$19.5 2 sides \$22.5

### PRIME BRISKET TACOS\*

Three brisket tacos, Red Chili Sour Cherry sauce, pickled onion & jalapeño relish, cilantro on toasted corn tortillas with fresh lime

\*No queso, queso contains gluten

1 side \$18 2 sides \$21  
Add Homemade Salsa +\$3 Add Sour Cream +\$1.5

## DUROC PORK SHOULDER

### PULLED PORK

1/3 lb hand pulled pork, original bbq sauce, house pickles 1 side \$14.5 2 sides \$17.5

Make it a *Memphis*, top with coleslaw .50c.  
Your choice of sweet & sour or original slaw

### {2 SLIDERS} POWER COUPLE

Best of both worlds, prime brisket and pork memphis sliders. Your choice of sweet & sour or crispy slaw 1 side \$16.5 2 sides \$19.5

### CUBAN

Mojito pulled pork, grilled ham, Swiss, pickles, mustard  
1 side \$15.5 2 sides \$18.5

## ★★ BURGERS ★★

6oz. Certified Angus Beef, zip sauce

### DINO BURGER

Lettuce, beefsteak tomato, red onion, melted American  
1 side \$15 2 sides \$18 +thick-cut bacon \$2.5

### BACON DELUXE

Sautéed tangy onions, thick slice bacon, melted Swiss, pickles  
1 side \$16.5 2 sides \$19.5

## Vegetarian 'Que

### BBQ MUSHROOM REUBEN

Smoked portobello "burnt ends", tangy onions, red slaw, melted swiss, zip sauce  
1 side \$15.5 2 sides \$18.5

### IMPOSSIBLE BAR-B-QUE BURGER

Plant based burger, caramelized BBQ onions, melted cheddar, smoked plum tomatoes, pickle, zip sauce  
1 side \$16 2 sides \$19

## • Bar-B-Que Bowl •

Black beans & rice, mixed greens, deviled egg, toasted pumpkin seeds.\* \$15

CHOICE OF: Pulled Pork, Brisket+\$1, Pulled Chicken, Smoked Portobello

## ★ THE SALAD PROJECT ★

CREATE YOUR OWN SALAD

**1** CHOPPED SALAD \$10 BASE  
Mixed greens, cucumber, tomatoes, radish, carrot, spiced walnuts\*

**2** PROTEINS \$8 CHOOSE ONE

Pulled Pork ★ Sliced Brisket +\$2 ★  
Pulled Chicken ★ Grilled Chicken  
★ Smoked Portobello

\*Cornbread contains gluten

**3** Extra Touch  
★ Thick-cut Bacon +\$2.5 ★ Deviled Egg +\$2  
★ NYS Cheddar +\$2 ★ Danish Blue Cheese +\$2

**4** HOMEMADE DRESSING

Creole Honey Mustard Vinaigrette ★ Red Wine Vinaigrette ★ Bar-B-Blues House ★ Cayenne Buttermilk Ranch ★ Blue Cheese

## HOMEMADE SIDES ★

Add an Extra Side | \$3

• COLESLAW  
• BBQ BEANS

• TOMATO CUCUMBER SALAD  
• BLACK BEANS & RICE

• MASHED POTATOES NO GRAVY  
• SIDE SALAD

• SIMMERED GREENS WITH SMOKED TURKEY  
• APPLESAUCE