

# GLUTEN FREE MENU

HARLEM

★ If you have a food allergy or intolerance, please notify us when ordering. Food allergen information is available. ★

## SMALL & SHARED PLATES

### BAR-B-QUE CHICKEN WINGS

Spice-rubbed, pit-smoked, grill finished, blue cheese dressing, celery

3 pcs \$6.5 ★ 6 pcs \$12.5 ★ 13 pcs \$22

🔥 MILD – Honey BBQ

🔥🔥 HOT – Wango HABANERO  
Garlic Chipotle

🔥🔥🔥 HOTTEST – Devil's Duel

### ★ CREOLE DEVILED EGGS

Cajun spiced & topped with chives

3 pcs \$6.5 6 pcs \$12.5

## ★★★ True Blue BAR-B-QUE ★★★

We cook our meats long, low & slow, fresh throughout the day, using regional hickory & oak.

Due to that process, we will/may run out of smoked meats. We apologize in advance.

If there's a pink ring around your meat, don't fret. It is a result of our smoking process.

## ★★★ Genuine BAR-B-QUE PORK RIBS ★★★

St. Louis ribs, dry rubbed and slow smoked, lightly glazed with our original BBQ sauce.

★ ¼ RACK (3 Ribs) \$16.5

★ ½ RACK (6 Ribs) \$24

★ ¾ RACK (9 Ribs) \$32

★ FULL RACK (12 Ribs) \$39

### ★ SWEETHEART DEAL FOR 2 ★

Full rack of ribs + 4 homemade sides \$44

## COMBO PLATES

PICK TWO or THREE MEATS \$26/\$31

★ ST. LOUIS RIBS

★ PULLED PORK

★ PORK BELLY

with pickled onion & jalapeños  
No K-Pow Korean BBQ Sauce

★ PRIME BRISKET +\$1  
with jalapeños

★ JALAPEÑO CHEDDAR  
HOT LINK SAUSAGE

with Hot Honey Gold Sauce  
& pickled onion & jalapeños

★ ¼ CHICKEN

★ ½ CHICKEN +\$4

TRES NIÑOS \$20.5

Petite sampling of:

★ PRIME BRISKET  
with jalapeños

★ RIBS ★ PORK

ALL NATURAL

### • BAR-B-QUE CHICKEN

Antibiotic and cage-free,  
apple-brined, pit-smoked,  
glazed with our original  
sauce \$19.5

ALL NATURAL

### • CHIMICHURRI CHICKEN

Smoked/grilled half chicken,  
topped with zesty  
chimichurri \$20

USDA PRIME

### • BRISKET PLATE

30 day aged Prime beef,  
hand sliced, lean and  
moist with pickled onion &  
jalapeños \$26.5

BIG ASS

### • PORK PLATE

Hand pulled pork  
shoulder, original  
sauce, piled high with  
house-cured pickles \$20

≡ ALL PLATES COME WITH TWO SIDES / ADD AN EXTRA SIDE \$3 ≡

\*Cornbread contains gluten

# ★ Specialty "No Roll" SANDWICHES ★

ALL SANDWICHES COME WITH OUR HOUSE CURED PICKLES.

Add Thick-Cut Bacon to Any Sandwich +\$2.5 | Add Cheese +\$1.5

## ★ TRUE BLUE BAR-B-QUE ★

WE COOK OUR MEATS LONG, LOW & SLOW, FRESH THROUGHOUT THE DAY, USING REGIONAL HICKORY & OAK.  
WHO SAYS YOU NEED A ROLL? WITHOUT IT THEY ARE ALL GF

### **U.S.D.A.** **PRIME BRISKET**

#### PRIME BRISKET

1/3 lb Prime aged beef, hand sliced, pickled onion & jalapeños,  
horsey mayo, original sauce  
1 side \$18.5 2 sides \$21.5

#### BRISKET CHEESESTEAK

Chopped brisket, tangy onions, poblano peppers,  
original sauce, melted cheddar  
1 side \$19 2 sides \$22

### **DUROC SLOW SMOKED PORK**

#### PULLED PORK

1/3 lb pulled pork shoulder, original sauce, house pickles  
1 side \$15.5 2 sides \$18.5

#### MEMPHIS

Pulled pork shoulder, original sauce, topped with choice of sweet & sour or creamy slaw  
1 side \$16 2 sides \$19

## ★★ BURGERS ★★

8oz. Certified Angus Beef, zip sauce

#### DINO BURGER

Lettuce, beefsteak tomato, red onion, melted American  
1 side \$16 2 sides \$19 +thick-cut bacon \$2.5

#### BACON DELUXE

Sautéed tangy onions, thick slice bacon, melted Swiss, pickles  
1 side \$17 2 sides \$20

#### **IMPOSSIBLE BAR-B-QUE BURGER**

Plant based burger, caramelized BBQ onions, melted cheddar, smoked plum tomatoes, pickles  
1 side \$16.5 2 sides \$19.5

## ★ THE SALAD PROJECT ★

CREATE YOUR OWN SALAD

1

#### CHOPPED SALAD \$10.5 BASE

Mixed greens, cucumber, tomatoes,  
radish, carrot, spiced walnuts

2

#### PROTEINS \$8 CHOOSE ONE

Pulled Pork ★ Sliced Brisket +\$2 ★  
Pulled Chicken ★ Smoked Portobello  
★ Smoked Salmon +\$2

3

#### Extra Touch

★ Thick-cut Bacon +\$2.5 ★ Deviled Egg +\$2  
★ NYS Cheddar +\$2 ★ Danish Blue Cheese +\$2

4

#### HOMEMADE DRESSING

Creole Mustard Vinaigrette ★ Red Wine  
Vinaigrette ★ Bar-B-Blues House ★ Cayenne  
Buttermilk Ranch ★ Blue Cheese

### **HOMEMADE SIDES**

Add an Extra Side | \$3

★ COLESLAW  
★ SIDE SALAD  
★ CREOLE POTATO SALAD

★ BBQ BEANS  
with pork  
★ SPICY CUCUMBER SALAD

\*Cornbread contains gluten

★ SYRACUSE STYLE SALT POTATOES  
★ SIMMERED GREENS  
★ ROASTED WHIPPED SWEET POTATOES  
with spicy walnuts