

GLUTEN FREE MENU

SYRACUSE

SMALL & SHARED PLATES

BAR-B-QUE CHICKEN WINGS

Spice-rubbed, pit-smoked, grill finished, blue cheese dressing, celery

3 pcs \$5.5 ★ 6 pcs \$10 ★ 13 pcs \$19

🔥 **MILD** – Honey BBQ

🔥🔥 **HOT-NEW!** Hello Buffalo

Wango HABANERO

Garlic Chipotle

🔥🔥🔥 **HOTTEST** – Devil's Duel

★ CREOLE DEVEILED EGGS

Cajun spiced & topped with chives

3 pcs \$6 6 pcs \$11

★★★ True Blue BAR-B-QUE ★★★

★ We cook our meats long, low & slow, fresh throughout the day, using regional hickory & oak. Due to that process, we will/may run out of smoked meats. We apologize in advance. ★ If there's a pink ring around your meat, don't fret. It is a result of our smoking process.

★ BAR-B-QUE PORK RIBS ★

St. Louis ribs, dry rubbed and slow smoked, lightly glazed with our original BBQ sauce.

★ **¼ RACK**
(3 Ribs) \$15

★ **½ RACK**
(6 Ribs) \$22

★ **¾ RACK**
(9 Ribs) \$27

★ **FULL RACK**
(12 Ribs) \$36

★ **SWEETHEART DEAL FOR 2** ★

Full rack of ribs + 4 homemade sides \$41

COMBO PLATES

PICK TWO OR THREE MEATS \$22/\$27

★ ST. LOUIS RIBS

★ **PRIME BRISKET**
with jalapeños

★ ¼ CHICKEN

★ PULLED PORK

★ **JALAPEÑO CHEDDAR**
HOT LINK SAUSAGE

★ ½ CHICKEN +\$3

TRES NIÑOS \$18

Petite sampling of:

★ **PRIME BRISKET**
with jalapeños

★ RIBS ★ PORK

ALL NATURAL

• BAR-B-QUE CHICKEN

Antibiotic and cage-free, apple-brined, pit-smoked, glazed with our original sauce \$18

USDA PRIME

• BRISKET PLATE

30 day aged Prime beef, hand sliced, lean and juicy with pickled onion & jalapeños \$22

BIG ASS

• PORK PLATE

Hand pulled pork shoulder, original sauce, piled high with house-cured pickles \$19

≡ ALL PLATES COME WITH TWO SIDES ≡

★ Specialty "No Roll" SANDWICHES ★

WHO SAYS YOU NEED A ROLL? WITHOUT IT THEY ARE ALL GLUTEN FREE
WE COOK OUR MEATS LONG, LOW & SLOW, FRESH THROUGHOUT THE DAY, USING REGIONAL HICKORY & OAK.

ADD A GLUTEN FREE ROLL FOR \$2

BBQ CHEESESTEAKS

Sautéed tangy onions, poblano peppers,
BBQ & melted cheese choice

CHOOSE YOUR MEAT:

CHOPPED BRISKET ★ PULLED PORK ★
PULLED CHICKEN

CHOOSE YOUR CHEESE:

SWISS ★ AMERICAN ★
NYS CHEDDAR ★ PROVOLONE

1 side \$15 2 sides \$18
Add Thick-Cut Bacon +\$2

U.S.D.A. PRIME BRISKET

PRIME BRISKET

1/3 lb Prime aged beef, hand sliced,
pickled onions & jalapeños, horsey
mayo, original sauce
1 side \$15 2 sides \$18

BBS

Prime brisket, thick-cut bacon,
melted swiss, horsey mayo
1 side \$16.5 2 sides \$19.5

{2 SLIDERS} POWER COUPLE

Best of both worlds, prime brisket and pork
memphis sliders. Your choice of sweet & sour
or creamy slaw 1 side \$15 2 sides \$18

DUROC PORK SHOULDER

PULLED PORK

1/3 lb hand pulled pork, original
sauce, house pickles
1 side \$14 2 sides \$17

MEMPHIS

Pulled pork, original sauce your choice of
sweet & sour or creamy slaw
1 side \$14.5 2 sides \$17.5

CUBAN

Mojito pulled pork, grilled ham,
Swiss, pickles, mustard
1 side \$15 2 sides \$18

★★ BURGERS ★★

6oz. Certified Angus Beef, zip sauce

DINO BURGER

Lettuce, beefsteak tomato, red onion, melted American
1 side \$14 2 sides \$17 +thick-cut bacon \$2

BACON DELUXE

Sautéed tangy onions, thick slice bacon, melted Swiss, pickles
1 side \$15.5 2 sides \$18.5

THE PITMASTER

Smoked plum tomatoes, melted cheddar, red onion, burnt ends
1 side \$15.5 2 sides \$18.5

Vegetarian 'Que

BBQ MUSHROOM REUBEN

Smoked portobello "burnt ends", tangy
onions, red slaw, melted swiss, zip sauce
1 side \$15 2 sides \$18

IMPOSSIBLE BAR-B-QUE BURGER

Plant based burger, caramelized BBQ onions, melted
cheddar, smoked plum tomatoes, pickle, zip sauce
1 side \$15 2 sides \$18

• Bar-B-Que Bowl •

Black beans & rice, mixed greens, deviled egg, toasted pumpkin seeds. \$14

CHOICE OF: Pulled Pork, Brisket+\$1, Pulled Chicken, Smoked Portobello

★ THE SALAD PROJECT ★

CREATE YOUR OWN SALAD

1

CHOPPED SALAD \$9 BASE

Mixed greens, cucumber, tomatoes,
radish, carrot, spiced walnuts



2

PROTEINS \$6 CHOOSE ONE

Pulled Pork ★ Sliced Brisket +\$1 ★
Pulled Chicken ★ Smoked Portobello

3

Extra Touch

★ Thick-cut Bacon +\$2 ★ Deviled Egg +\$1.5
★ NYS Cheddar +\$1.5 ★ Danish Blue Cheese +\$1.5



4

HOMEMADE DRESSING

Honey Mustard Vinaigrette ★ Red Wine
Vinaigrette ★ Bar-B-Blues House ★ Cayenne
Buttermilk Ranch ★ Blue Cheese

HOMEMADE SIDES ★

• COLESLAW
• BBQ BEANS

• TOMATO CUCUMBER
SALAD
• BLACK BEANS & RICE

• MASHED POTATOES
NO GRAVY
• SIDE SALAD

• SIMMERED GREENS
WITH SMOKED TURKEY
• APPLESAUCE